

HEALTHCARE

I N T E R N A T I O N A L



Active Aging | Fitness | Rehabilitation



Brands



► HCI Fitness

- Since 1992, HealthCare International has been family owned and operated with dedication to providing affordable quality products with exceptional service!
- Products: Recumbent Cross Trainers, Upper Body Ergometers, Total Body Trainers, Treadmills, Dynamic Unweighting Systems, & Active and Passive Trainers.



► Monark Exercise

- Exclusive North American Distributor
- Products: Stationary Cycles, Recumbent Cycles, & Upper Body Ergometers

HCI Fitness Advantages

► ***Low Starting Resistance and Speed***

Dedicated to accommodating a wide range of users with different activity levels, HCI Fitness products offer a low starting resistance **as low as 5 watts**. HCI Fitness manufactured Treadmills start at **0.1 MPH** and can be adjusted in 0.1 increments.

► ***Bi-Directional Movement***

HCI Fitness products offer bi-directional movement for **advanced** strength, balance, and gait training. Changing the direction of exercise not only reduces risk of injury but also helps **motivate** users and increase training sessions.

► ***Workout Summary Report***

Many HCI Fitness products have a built-in USB workout report function that allows facilities to track progress with key metrics such as **WATTS** and **METS**

► ***Customizable Programs***

Clinicians can customize programs including **Constant or Ramping WATT** and **ISOKENTIC** resistance programs to tailor the training session to the user.

► ***Increased Accessibility***

HCI Fitness products are easy to access with removable seats to accommodate wheelchair access, oversized **swivel seats**, low treadmill step-up heights, **user weight capacity up to 500 lbs** and adjustable features to fit a wide range of users.

► ***Family Owned and Operated***

HealthCare International is proud to be one of the longest standing owned and operated fitness equipment manufacturers based in the USA! When you purchase HCI Fitness equipment you become part of the HCI Fitness Family!

Commercial Display



- ▶ 32 Levels of Resistance
- ▶ WATTS and METS
- ▶ Download Workout Report
- ▶ 20 Workout Programs
- ▶ Heart Rate Receiver
- ▶ Quick Start Button

Recumbent Cross Trainers



- ▶ **PhysioStep LXT** - Recumbent *Linear* Cross Trainer

- ▶ 400 lbs Capacity, Swivel Seat, Contact Heart Rate, WATTS and METS, AC Plug
- ▶ Item: LXT-700



- ▶ **PhysioStep MDX** - Recumbent *Elliptical* Cross Trainer

- ▶ 500 lbs Capacity, Swivel Seat, Contact Heart Rate, WATTS and METS, AC Plug
- ▶ Item: RXT-1000 MDX

Recumbent Cross Trainers



- ▶ **CardioStep** - Recumbent *Semi-Elliptical* Cross Trainer

- ▶ 400 lbs Capacity, Swivel Seat, Contact Heart Rate, WATTS and METS, AC Plug
- ▶ Item: CS-600



- ▶ **VersaStep** - Recumbent *Elliptical* Cross Trainer
with *Ipsilateral Arm and Leg Connection*

- ▶ 500 lbs Capacity, Swivel Seat, Contact Heart Rate, WATTS and METS, AC Plug
- ▶ Balance and Stability
- ▶ Item: VSX

Total Body Trainers



► PhysioMax - *Total Body Trainer*

- 500 lbs Capacity, Independent Arms & Legs, Removable Swivel Seat, WATTS and METS, AC Plug
- Optional Adjustable Length Leg Cranks
- Item: TBT-1000



Active and Passive Trainers



- ▶ **OmniTrainer** - Advanced Active and Passive Trainer
 - ▶ Automatically changes from Active to Passive Mode, Symmetry Training, Upper or Lower Body Trainer, Download Workout Report
 - ▶ Item: OT-1100



- ▶ **eTrainer AP** - Active and Passive Trainer
 - ▶ Manually Change from Active to Passive Mode, Upper and Lower Body Trainer
 - ▶ Item: E-PAT-AP

Upper Body Ergometers



- ▶ **PhysioTrainer PRO - Upper Body Ergometer**

- ▶ For use with Arms or Legs, Electronically Controlled with Programs, WATTS and METS, AC Plug
- ▶ Item: PT-PRO
- ▶ Works with optional HCI Fitness UBE Tables



- ▶ **PhysioTrainer - Classic Upper Body Ergometer**

- ▶ For use with Arms or Legs, Manually Adjusted Resistance
- ▶ Item: PT-UBE
- ▶ Works with optional HCI Fitness UBE Tables

UBE Table Stands

Compatible With PhysioTrainer, PhysioTrainer PRO, Monark 881E, Monark 871E



- ▶ **Hydraulic UBE Table-** Manually Adjusted UBE Table Stand
 - ▶ Item: UBE-Table



- ▶ **Motorized UBE Table-** Motor Adjusted UBE Table Stand
 - ▶ Item: UBE-Table-120V

Dynamic Unweighting System



- ▶ **PhysioGait - Dynamic Unweighting System**
 - ▶ 360 lbs Unweighting Capacity, Sit to Stand, 28" Powered Yoke Adjustment, Swivel Yoke
 - ▶ **New** Adjustable Width Base
 - ▶ Item: PG-360
 - ▶ Works with optional PhysioMill and RehabMill Treadmills



Treadmills



- ▶ **PhysioMill - Deluxe Rehabilitation Treadmill**

- ▶ 21" x 63" Walking Belt, 500 lbs Capacity, True Zero Start (0.1 MPH), 6.25" Step Up Height, Full Medical Handrails, Therapist Remote, +/-15% Elevation, Reverse Belt for Downhill Walking, METS, 12 Programs, 4 HP Continuous DC Motor
- ▶ Item: TMR



- ▶ **RehabMill- Affordable Rehab Treadmill**

- ▶ 21" x 59" Walking Belt, 400 lbs Capacity, True Zero Start (0.1 MPH), +15% Elevation, Quick Keys, Dual AC Motors
- ▶ Item: RTM

CardioMed

TREADMILLS



- ▶ Flat hood ideal for motion capture research



- ▶ USB & RS232 Connectivity



- ▶ Multiple communication protocols ensures compatibility with *all* external systems

- ▶ **Stress Testing | Human Performance | Biomechanics | Pulmonary Testing**

- ▶ **Models: CMT 20-58, CMT 22-63, CMT 26-73, CMT 30-78, CMT 36-78**

At **CardioMed Treadmills** we strive to provide reliable testing treadmills with innovative solutions at an affordable price. CardioMed Treadmills are proudly manufactured in the European Union using small batch production that allows for the highest level of attention to detail and the ability to develop unique solutions for a variety of testing applications.



Monark Sports and Medical is the longest standing sports and medical ergometer manufacturer in the world. Established in 1908, Monark Ergometers are still manufactured in Sweden. HealthCare International is the Exclusive Distributor for Monark in North America.



- ▶ **828E - Ergomedic Testing Cycle**
 - ▶ Calibratable, WATTS, VO2 SubMax, KP Scale, 550 lbs Capacity
 - ▶ Item: 828E / #081008192



- ▶ **827E- Training Cycle**
 - ▶ Training Only, 550 lbs Capacity
 - ▶ Item: 827E / #081008176



- ▶ **927E- Walk Through Training Cycle**
 - ▶ Walk Through Frame, Training Only
 - ▶ Item: 927E / #081394261



- ▶ **881E - Upper Body Ergometer**
 - ▶ Calibratable, WATTS Scale, VO2 SubMax,
 - ▶ Item: 881E / #081008150



- ▶ **871E- Training Cycle**
 - ▶ Training Only
 - ▶ Item: 871E / #081094564



- ▶ **Compatible UBE Tables**
 - ▶ Item: UBE-Table / #081612308
 - ▶ Item: UBE-Table-120V / #081691229

Shipping Information

► ***Lead Time***

We strive to keep all units in-stock so that we can ship out upon receiving an order.

Transit time will take between 5-10 days depending on your location in the USA.

► ***Assembly Needed***

Most of our products ship 85% assembled and can be wheeled off the pallet when received by the customer. Typical items required for assembly includes: Handles, Pedals, Seat Back, and Display. All tools needed for assembly are included and in most cases optional white glove assembly will not be needed. We recommend two people move the machine.

► ***Optional White Glove***

If needed our products can be sold with an optional white glove assembly.

Contact Information

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