TAKE THAT STEP

NUSTEP T5XR

AT NUSTEP, *we believe exercise has the power to transform lives. And, we believe people of all ages, fitness levels and functional abilities can transform their lives with exercise.*

That's why we developed the NuStep recumbent cross trainer.

Designed by exercise physiologists and ergonomic specialists, the NuStep was the first exercise equipment of its kind when it was introduced in 1995.

Nearly 25 years later, NuStep's recumbent cross trainer models represent the gold standard for high-quality, inclusive exercise equipment.

Easy to access and easy to use, NuStep recumbent cross trainers deliver a low impact, total-body cardio and strength workout that can benefit a wide range of users.

TAKE THAT STEP and transform lives with NuStep.

CALL *+1 734.769.3939 or* ***VISIT*** *NUSTEP.COM*

NuStep®

NUSTEP T5^{XR} RECUMBENT CROSS TRAINERS
ACCESSIBLE - ADAPTIVE - EFFECTIVE

The NuStep T5^{XR} recumbent cross trainer's accessible design, adaptive features and unique upper and lower body workout accommodate users with a wide range of conditions and exercise needs. The low inertia start-up, user-controlled step length and multiple resistance levels empower T5^{XR} users to control their workout and adapt it as they improve and progress.

**Model shown with Flex Foot System accessory*

TAKE THAT STEP. *Add NuStep recumbent cross trainers to your location today.*

CALL +1 734.769.3939 or **VISIT NUSTEP.COM**

NuStep®