

	Versa Ball	Versa Ball Pro	Ball Diameter	User Height
Primary Uses	Core, Stabilization, and Rehabilitation	Larger Users and Dynamic Resistance Training	45 cm (17.7")	4' 6" to 5' 0"
			55 cm (21.6")	5' 1" to 5' 7"
			65 cm (25.5")	5' 8" to 6' 1"
Static Weight Limit	800 lbs.	1,000 lbs.	75 cm (29.5")	6' 2" to 6' 7"
Burst Resistant to	500 lbs.	1,000 lbs.		
Sizes	45 cm to 75 cm	55 cm to 75 cm		