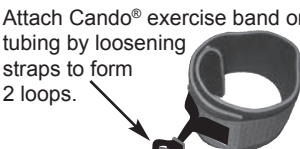




Band and Tubing Accessory

CUFF EXTREMITY STRAP

Attach Cando® exercise band or tubing by loosening straps to form 2 loops.



Thread band or tubing through one loop and out the other as shown in diagram. Pull straps taut to secure band or tubing.



Secure band or tubing into fastening system. Loop cuff around desired body part, such as ankle or wrist. Perform exercises targeting these hard to work regions with ease.

ORDER

10-5456	25"	1 each	10-5456-10	25"	10 each	10-5456-50	25"	50 each
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FOR EXERCISE AND FUN

Exercise routines should be determined by a doctor, therapist, coach, or trainer. Routines should include number of reps, sets, times per day and times per week.



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